

**Lawrence Livermore National Security
2026 COBRA Monthly Rates**

	COBRA Beneficiaries			
MEDICAL	Self	Self + Adult	Self + Child(ren)	Self + Family
Kaiser North	\$992.17	\$2,083.59	\$1,785.92	\$2,877.34
Kaiser South	\$992.17	\$2,083.59	\$1,785.92	\$2,877.34
Kaiser HDHP N California	\$819.35	\$1,720.46	\$1,474.66	\$2,375.95
Kaiser HDHP S California	\$819.35	\$1,720.46	\$1,474.66	\$2,375.95
Kaiser Hawaii	\$959.54	\$1,919.09	\$1,727.18	\$2,878.63
Anthem Blue Cross Core Value	\$836.12	\$1,762.11	\$1,489.28	\$2,489.15
Anthem Blue Cross PPO	\$1,591.09	\$3,341.08	\$2,863.86	\$4,613.93
Anthem Blue Cross Plus	\$1,884.16	\$3,956.81	\$3,391.54	\$5,464.08
Anthem Blue Cross EPO	\$1,480.64	\$3,109.41	\$2,665.17	\$4,293.87
Anthem Blue Cross HDHP	\$1,161.39	\$2,446.19	\$2,076.07	\$3,433.02

	COBRA Beneficiaries			
DENTAL / VISION	Self	Self + Adult	Self + Child(ren)	Self + Family
Delta Dental PPO	\$50.06	\$94.95	\$103.09	\$168.16
DeltaCare USA	\$24.33	\$41.74	\$42.02	\$60.55
VSP Basic Plan	\$9.38	\$18.69	\$20.03	\$32.03
VSP Plus Plan	\$16.61	\$33.21	\$35.58	\$56.79