

# Lawrence Livermore National Laboratory

## Rates—MetLife (Life)

	Monthly	1/1/26 Rate
Basic Life (rate per \$1,000 per month)		
• Core		\$0.104
• Career		\$0.104
• Add'l for Senior Management Plan		\$0.104
Employee Optional Life—Contract Rate (rate per \$1,000 per month)		
	<25	\$0.022
	25–29	\$0.022
	30–34	\$0.026
	35–39	\$0.032
	40–44	\$0.051
	45–49	\$0.092
	50–54	\$0.134
	55–59	\$0.242
	60–64	\$0.378
	65–69	\$0.580
	70+	\$1.041
Dependent Life		
• Basic (rate per \$1,000 per month)	<35	\$0.124
	35–39	\$0.220
	40–44	\$0.243
	45–49	\$0.298
	50+	\$0.339
• Expanded (rate per \$1,000 per month)	<30	\$0.036
	30–34	\$0.045
	35–39	\$0.054
	40–44	\$0.090
	45–49	\$0.206
	50–54	\$0.288
	55–59	\$0.485
	60–64	\$0.512
	65–69	\$0.790
	70+	\$1.387
• Expanded (rate per employee per month)	Child	\$0.380