

**Lawrence Livermore National Security
2025 COBRA Monthly Rates**

	COBRA Beneficiaries			
MEDICAL	Self Only	Self + Adult	Self + Child(ren)	Self + Family
Kaiser N California	\$857.11	\$1,799.93	\$1,542.81	\$2,485.62
Kaiser S California	\$857.11	\$1,799.93	\$1,542.81	\$2,485.62
Kaiser HDHP N California	\$742.54	\$1,559.17	\$1,336.40	\$2,153.20
Kaiser HDHP S California	\$742.54	\$1,559.17	\$1,336.40	\$2,153.20
Anthem Blue Cross Core Value	\$763.25	\$1,608.93	\$1,358.63	\$2,275.94
Anthem Blue Cross PPO	\$1,454.37	\$3,053.98	\$2,617.77	\$4,217.45
Anthem Blue Cross Plus	\$1,725.35	\$3,623.30	\$3,105.67	\$5,003.51
Anthem Blue Cross EPO	\$1,358.07	\$2,852.00	\$2,444.53	\$3,938.41
Anthem Blue Cross HDHP	\$1,061.66	\$2,236.52	\$1,896.97	\$3,141.88

	COBRA Beneficiaries			
DENTAL / VISION	Self Only	Self + Adult	Self + Child(ren)	Self + Family
Delta Dental PPO	\$46.07	\$87.37	\$94.87	\$154.74
DeltaCare USA	\$24.33	\$41.74	\$42.02	\$60.55
VSP Basic Plan	\$9.38	\$18.69	\$20.03	\$32.03
VSP Plus Plan	\$16.61	\$33.21	\$35.58	\$56.79