



Metropolitan Life Insurance Company
New York, New York

CERTIFICATE RIDER

Group Policy No.: 142833-1-G
Policyholder: Lawrence Livermore National Security, LLC
Effective Date: May 1, 2020

The Certificate is changed as shown below:

The Certificate is revised to remove the current "How We Will Pay Benefits" provision and add the following to the Certificate:

"How We Will Pay Benefits

The Beneficiary has the right to choose a lump sum payment by check or for amounts of \$5,000 or more, payment via a Total Control Account ® that earns interest and provides the Beneficiary with immediate access to the full benefit amount.

If the Beneficiary does not make a choice, when the Certificate states that We will pay benefits in "one sum", "lump sum", or a "single sum," We may pay the full benefit amount:

1. by check in a lump sum payment; or
2. by establishing a Total Control Account ®

Other modes of payment may be available upon request. For details, call Our toll free number shown on the Certificate Face Page."

This rider is to be attached to and made a part of the Certificate.